

## CALM AND REST FREQUENCY

- Delta Brain Waves
- Lavender Essential Oil
- Clary Sage Essential Oil
- Celestite Crystal
- Chamomile
- Magnolia Bark
- Hyoscyamus Niger
- Nux Moschata
- Passiflora Incarnatas
- Stramonium
- Tryptophan
- Magnesium Glycinate
- Mother Water
- Deep Sea Salt
- Deanol
- Anacaulase
- Coenzyme Q10
- Asiatic Acid
- Dimethyl sulfoxide
- Melatonin
- Tryptophan
- Gamma-Aminobutyric Acid Hydrochloride
- Gamma-Aminobutyric Acid
- Essential Oil - Blue Tansy
- Magnesium mg
- Magnesium Carbonate
- Magnesium Chloride
- Magnesium Citrate
- Magnesium Gluconate
- Magnesium Glycinate
- Magnesium Lactate
- Magnesium Hydroxide

## CALM AND REST FREQUENCY

- Magnesium Malate
- Magnesium Orotate
- Magnesium Oxide
- Magnesium Silicate
- Valeriana Jatamansi
- Essential Oil - Lavender
- Curcumin
- Essential Oil Turmeric (Curcuma longa)
- Colloidal Gold
- Colloidal Gold Scalar
- Gold
- Boron (Bor)
- Omega-3 DHA & EPA
- Silicic Acid
- Ascorbic Acid
- Vitamin B6 Complexed with 2-Amino-Hexanoic Acid
- Vitamin B6 Complexed with 2-Amino-Pentanoic Acid
- Vitamin B 12

### DISCLAIMER:

Quantum Upgrade® does not recommend or endorse any specific tests, physicians, procedures, opinions, or other information that may be mentioned in this booklet. Reliance on any information appearing in this booklet is solely at your own risk. Statements made in this book have not been evaluated by the Food and Drug Administration (FDA), the EFSA, or any other government derivatives thereof.

Quantum Upgrade® products are not intended to diagnose, treat, cure, or prevent any disease or health condition.